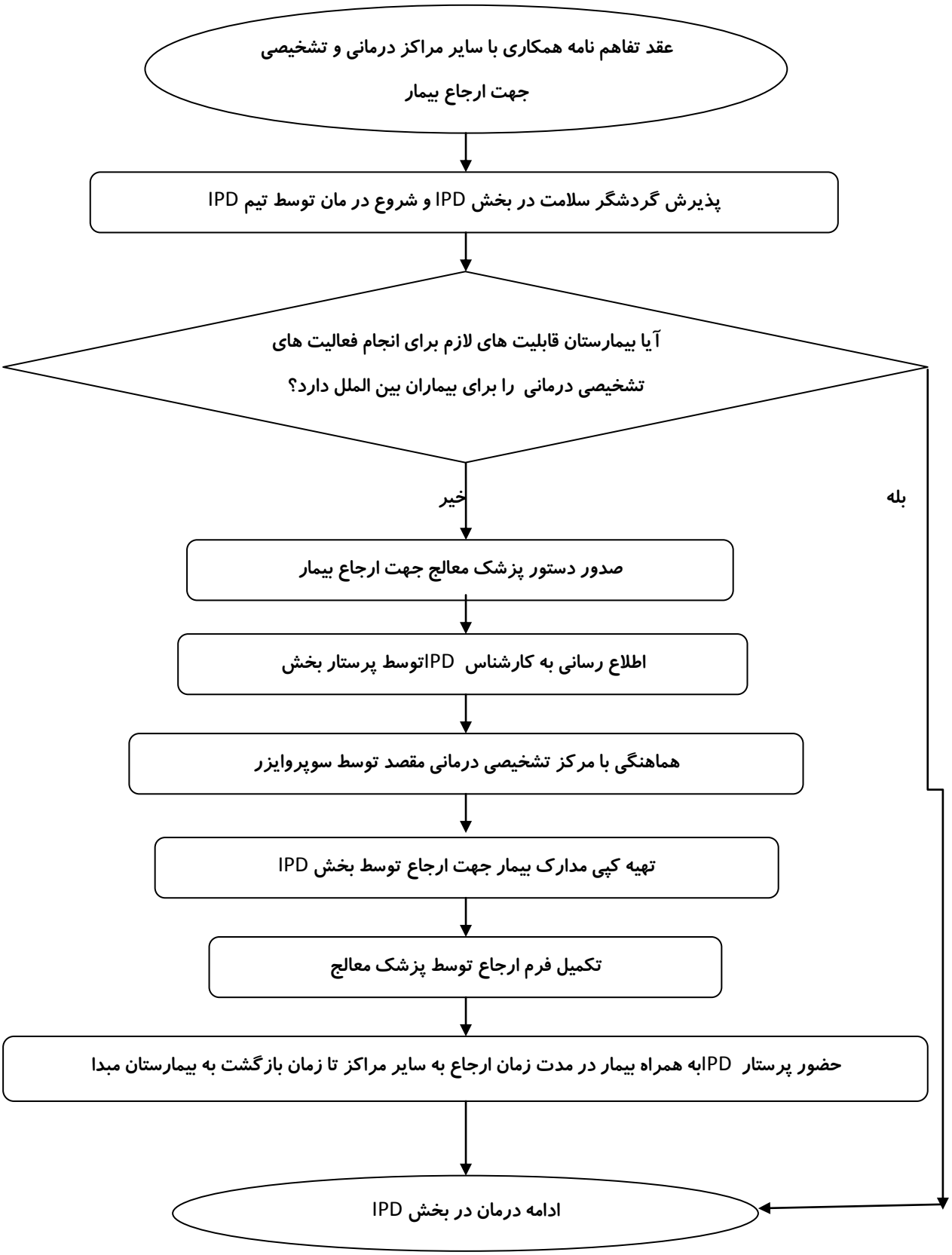فرآیند ارجاع ایمن بیمار بین الملل